

BRICKTOWN BREWERY

We are committed to providing accurate nutritional information, because our recipes are prepared to order, there may be differences between the actual nutritional content of your order and the nutritional values provided. The values are derived from standardized recipes and serving sizes. Modifications will alter the nutritional values.

2023 Nutritional Guide

Calories

Calories from Fat

Total Fat (g)

Saturated Fat (g)

Trans Fat (g)

Cholesterol (mg)

Sodium (mg)

Total Carbs (g)

Dietary Fiber (g)

Total Sugars (g)

Protein (g)

SHAREABLES (SERVES 2 - 4 PEOPLE)

Barvarian Pretzel Sticks	900	520	58	19	0	70	4910	101	3	3	31
Bone-In Wings	1470	980	109	37	0	490	3150	5	2	3	107
Boneless Wings	660	230	25	11	0	230	4580	26	2	6	84
Boom Boom Shrimp	890	450	50	8	0	270	3290	73	5	6	35
Chicken Nachos	3310	2000	222	70	3.5	475	7250	240	29	12	153
Chopped and Chipped Nachos	3470	2170	241	85	3	410	6780	270	23	52	115
Dipping Trio	2810	1870	208	46	0	140	6420	261	49	13	57
Sea Salt Caramel Fries	1210	390	44	9	0	20	3130	193	6	94	11
Southwest Chicken Quesadilla	1470	920	102	45	3.5	285	2950	57	8	7	78
Watonga Cheddar Curds	1270	810	90	38	0	220	2630	55	0	3	42

BRICKTOWN BURGERS Side not included.

Salt & Pepper Fries	330	120	13	1.5	0	0	1380	47	5	0	5
Sweet Potato Fries	450	170	19	3	0	0	1850	64	3	21	3
Brewery Garden Salad No dressing.	190	80	9	4	0	20	330	20	4	6	10
Bacon Cheddar Burger	1020	650	73	26	2	135	2230	59	3	22	40
Bacon Guacamole Burger	1130	780	87	27	2	135	2510	60	11	13	40
Blue Ribbon Burger	1100	660	73	24	2	140	3090	73	3	24	43
Breakfast Burger	1180	740	82	28	2	135	2410	67	3	21	45
Bricktown Burger	840	580	64	21	2	115	1610	38	2	13	24
Bricktown Double Burger	1240	860	96	36	4.5	215	2640	42	2	16	46
Frito Chili Burger	850	520	58	22	2.5	125	1520	51	3	12	35
Turkey Burger	730	440	48	11	0	125	4070	44	3	10	35
Gluten Free Bun	60	25	3	0	0	35	160	15	11	0	9

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FORK & SPOON

BBQ Chicken Salad	1100	590	66	16	0	170	2750	72	14	25	60
Brewery Garden Salad No dressing.	190	80	9	4	0	20	330	20	4	6	10
Chicken Caesar Salad	810	500	55	12	0	165	2420	26	2	2	57
Chicken, Berries, & Pecan Salad	1340	870	974	22	0	215	2090	68	40	52	107
Cobb Salad	1280	890	99	16	0	350	3810	38	14	19	79
Grilled Shrimp & Avocado Salad	1240	990	110	22	0	255	1070	46	44	22	82
Protein Salad Bowl Pork	1010	620	69	31	3.5	360	870	30	8	5	56
Protein Salad Bowl Chicken	930	460	51	24	3.5	400	2300	32	8	6	72
The Best Fried Chicken Salad	1260	760	85	18	0	145	2000	76	12	46	61
Chili Bowl	580	360	40	14	2	95	600	33	9	16	27
Chili Cup	290	180	20	7	1	45	300	17	4	8	14
French Onion Soup Bowl	460	240	26	13	0	65	1990	35	3	10	28
French Onion Soup Cup	310	150	16	8	0	40	1390	28	2	7	18
San Marzano Tomato Soup Bowl	310	430	48	12	0	25	930	22	2	6	5
San Marzano Tomato Soup Cup	200	290	32	8	0	15	610	14	1	4	3

DRESSINGS 1 fl oz

Blue Cheese Dressing	120	120	13	2.5	0	10	200	2	0	0	2
Brown Derby Vinaigrette	120	130	14	1	0	0	35	0	0	0	0
Caesar Dressing	100	100	11	1	0	0	150	0	0	0	0
Honey Mustard	90	50	6	0.5	0	10	280	11	0	11	0
Parmesan Garlic	170	170	18	3.5	0	10	190	2	0	0	0
Poppy Seed Dressing	170	250	17	3	0	10	225	6	10	4	16
Ranch Dressing	110	100	11	2	0	5	135	2	0	<1	<1

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KIDS MENU

Salt & Pepper Fries	330	120	13	1.5	0	0	1380	47	5	0	5
Apple Slices	110	0	0	0	0	0	0	24	7	21	0
Carrots & Celery Sticks	20	0	0	0	0	0	0	29	7	21	0
Sliders	600	380	42	17	1.5	110	2780	32	>1	12	24
Cheese Pizza	130	50	6	2.5	0	15	220	18	1	2	7
Corndog	300	190	21	5	0	35	620	18	0	7	6
Grilled Cheese	490	160	18	7	0	30	1000	60	13	10	19
Mac & Cheese	310	80	9	2.5	0	15	830	44	2	10	11
Pepperoni Pizza	210	110	12	5	0	30	460	18	1	2	9
Chicken Tenders	290	80	9	1	0	95	930	11	0	1	42

SIDES

Bread & Butter Pickle Slaw	260	200	22	4.5	0.5	15	580	16	3	10	2
Bricktown Chips	240	140	15	1	0	0	790	24	3	8	2
Broccoli	90	70	7	1.5	0	0	1270	6	3	2	3
Green Beans	80	35	4	1.5	0	0	820	10	3	3	3
Mac & Cheese	560	460	51	19	0	80	2790	40	1	4	21
Mashed Potatoes	260	80	9	5	0	25	790	37	4	2	5
Mashed Potatos (Loaded)	560	270	30	15	0	75	1500	51	5	7	19
Okra	170	30	3.5	0.5	0	0	1880	32	4	4	4
Salt & Pepper Fries	330	120	13	1.5	0	0	1380	47	5	0	5
Sweet Potato Fries	450	170	19	3	0	0	1850	64	3	21	3
Sweet Potato Fries w/ Sea Salt Caramel & Bacon	570	190	22	4	0	5	2550	89	3	39	4
Fried Shrimp (2)	80	5	0.5	0	0	70	650	10	0	<1	9
Fried Shrimp (4)	170	10	1	0	0	140	1290	20	0	0	1

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DESSERTS

Bricktown Root Beer Float	520	210	23	14	0	70	150	78	0	78	7
Heath Bar Crunch® Brownie	1050	490	55	30	0	150	400	133	6	104	13
Sizzling Apple Crisp	1100	320	35	21	0	100	500	188	4	131	10
Tillamook® Vanilla Bean Ice Cream Scoop	190	100	11	7	0	35	50	19	0	19	4

SAUCES 1 fl oz

Anchor Bar Sauce	30	30	3.5	2.5	0	10	670	0	0	0	0
Bacon Aioli	200	200	22	2.5	0	45	125	0	0	0	2
Blueberry Salsa	15	0	0	0	0	0	0	4	<1	3	0
Boom Boom Sauce	150	140	16	2.5	0	15	250	2	0	2	0
Buffalo Blue Cheese Sauce	100	90	11	2.5	0	10	310	1	0	0	1
Burger Sauce	150	140	16	3	0	5	200	2	<1	<1	0
Chili Glaze	70	0	0	0	0	0	270	17	0	15	<1
Chipotle Mayo	200	200	22	4	0	10	310	2	0	0	0
Cocktail Sauce	30	0	0	0	0	0	250	8	7	6	0
Dijon Mustard	110	100	11	2	0	<5	260	<1	0	0	0
Gravy	30	45	4.5	1	0	<5	105	2	0	1	1
Head Country BBQ Sauce	60	0	0	0	0	0	330	15	0	14	0
Mayo	200	200	22	4	0	10	130	2	0	0	0
Mustard BBQ	45	0	0	0	0	0	260	10	0	9	0
Queso	110	130	14	5	0	25	470	3	0	<1	4
Salt & Pepper Honey	130	0	0	0	0	0	300	34	0	32	0
Sissy Sauce	30	30	3.5	2.5	0	10	670	0	0	0	0
Spicy Caramel	100	5	0.5	0	0	<5	60	24	0	18	0