

BRICKTOWN BREWERY

2024 Nutritional Guide

We are committed to providing accurate nutritional information, because our recipes are prepared to order, there may be differences between the actual nutritional content of your order and the nutritional values provided. The values are derived from standardized recipes and serving sizes. Modifications will alter the nutritional value.

	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
SHAREABLES (SERVES 2 - 4 PEOPLE)											
Barvarian Pretzel Sticks	900	520	58	19	0	70	4910	101	3	3	31
Bone-In Wings	1470	980	109	37	0	490	3150	5	2	3	107
Boneless Wings	660	230	25	11	0	230	4580	26	2	6	84
Boom Boom Shrimp	890	450	50	8	0	270	3290	73	5	6	35
Chicken Nachos	3310	2000	222	70	3.5	475	7250	240	29	12	153
Chopped and Chipped Nachos	3470	2170	241	85	3	410	6780	270	23	52	115
Dipping Trio	2810	1870	208	46	0	140	6420	261	49	13	57
Chicken Elote Dip	2260	1290	144	46	5	290	3450	170	18	11	70
Southwest Chicken Quesadilla	1470	920	102	45	3.5	285	2950	57	8	7	78
Watonga Cheddar Curds	1270	810	90	38	0	220	2630	55	0	3	42
Cheeseburger Quesadilla	1640	1200	133	53	2	250	3920	55	5	12	54
BRICKTOWN BURGERS											
Salt & Pepper Fries	330	120	13	1.5	0	0	1380	47	5	0	5
Sweet Potato Fries	450	170	19	3	0	0	1850	64	3	21	3
Brewery Garden Salad	190	80	9	4	0	20	330	20	4	6	10
Mac and Cheese Burger	1350	850	94	44	2	225	2420	94	6	11	44
Hatch Green Chile Burger	880	560	62	22	2	115	1880	62	4	11	31
Bacon Cheddar Burger	1020	660	73	26	2	135	2230	59	3	22	40
Bacon Guacamole Burger	1130	780	87	27	2	135	2510	60	11	13	40
Blue Ribbon Burger	1120	660	73	24	2	140	3890	78	3	27	44
Breakfast Burger	1130	700	78	26	3.5	135	3140	74	3	25	40
Bricktown Burger	870	580	65	21	2	115	2420	43	3	16	24
Bricktown Double Burger	1280	870	97	36	4.5	215	4250	52	3	21	48
Turkey Burger	730	440	48	11	0	125	4070	44	3	10	35
Gluten Free Bun	60	25	3	0	0	35	160	15	11	0	9

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BIG PLATES											
Big Mike's Meatloaf Dinner	1780	840	93	35	2	330	5050	231	12	56	75
Brewery Chicken Fried Chicken	1040	440	49	16	0	250	3810	95	8	12	79
Brewery Chicken Fried Steak	1230	590	65	20	0	215	4010	115	9	13	65
Chicken Tenders	1400	500	55	9	0	230	5610	149	6	55	97
Chicken Pot Pie	730	800	89	13	0	140	2190	70	4	29	45
Meatloaf & Tenders	1690	830	92	28	1	275	4630	171	10	47	85
Jambalaya	560	350	39	12	0	125	2660	33	3	4	26
SEAFOOD											
Bluesberry Poached Salmon	1110	670	75	35	0	215	2870	64	9	12	44
Fish & Chips	1140	450	50	8	0	140	3320	106	6	11	55
Fried Shrimp	890	240	26	4.5	0	280	4830	120	27	24	41
Seafood Platter	1220	460	51	8	0	240	4630	128	20	23	56
Shrimp & Tenders	1100	310	34	5	0	240	4900	133	20	48	65
Shrimp Mac & Cheese	1150	710	79	47	0	265	1410	74	4	4	34
Fried Chicken Mac & Cheese	1230	710	79	47	0	285	1800	79	4	5	51
Yardbird Mac & Cheese	1340	760	85	48	0	345	1930	74	4	5	68
LUNCH SPECIALS											
Big Mikes Meatloaf Lunch	1080	450	50	19	57	160	2980	235	6	106	40
Boneless Wings Lunch	370	110	13	6	0	115	2540	21	2	5	43
Chicken Fried Chicken Lunch	700	220	24	10	0	190	2970	72	4	7	58
Chicken Tenders Lunch	620	200	22	3	0	95	1520	58	5	1	47
Lunch Slider Basket	860	540	60	22	2	155	900	48	<1	18	32
Shrimp Platter Lunch	560	130	14	2	0	140	2380	84	19	12	22

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DESSERTS											
Bricktown Root Beer Float	520	210	23	14	0	70	150	78	0	78	7
Heath Bar Crunch® Brownie	1050	490	55	30	0	150	400	133	6	104	13
Sizzling Apple Crisp	1100	320	35	21	0	100	500	188	4	131	10
Tillamook® Vanilla Bean Ice Cream Scoop	190	100	11	7	0	35	50	19	0	19	4
La Baguette NY Style Cheesecake	581	250	41	18	0	100	793	46	0.7	39	10
SAUCES											
Anchor Bar Sauce	30	30	3.5	2.5	0	10	670	0	0	0	0
Bacon Aioli	200	200	22	2.5	0	45	125	0	0	0	2
Blueberry Salsa	15	0	0	0	0	0	0	4	<1	3	0
Boom Boom Sauce	150	140	16	2.5	0	15	250	2	0	2	0
Buffalo Blue Cheese Sauce	100	90	11	2.5	0	10	310	1	0	0	1
Burger Sauce	150	140	16	3	0	5	200	2	<1	<1	0
Chili Glaze	70	0	0	0	0	0	270	17	0	15	<1
Chipotle Mayo	200	200	22	4	0	10	310	2	0	0	0
Cocktail Sauce	30	0	0	0	0	0	250	8	7	6	0
Dijon Mustard	110	100	11	2	0	<5	260	<1	0	0	0
Gravy	30	45	4.5	1	0	<5	105	2	0	1	1
Head Country BBQ Sauce	60	0	0	0	0	0	330	15	0	14	0
Mayo	200	200	22	4	0	10	130	2	0	0	0
Mustard BBQ	45	0	0	0	0	0	260	10	0	9	0
Queso	110	130	14	5	0	25	470	3	0	<1	4
Salt & Pepper Honey	130	0	0	0	0	0	300	34	85	34	127
Sissy Sauce	30	30	3.5	2.5	0	10	67	0	0	0	0
Spicy Caramel	100	5	0.5	0	0	<5	60	24	0	18	0