

# BRICKTOWN BREWERY

## 2024 Nutritional Guide

We are committed to providing accurate nutritional information, because our recipes are prepared to order, there may be differences between the actual nutritional content of your order and the nutritional values provided. The values are derived from standardized recipes and serving sizes.

Modifications will alter the nutritional values.

**Calories**  
**Calories from Fat**  
**Total Fat (g)**  
**Saturated Fat (g)**  
**Trans Fat (g)**  
**Cholesterol (mg)**  
**Sodium (mg)**  
**Total Carbs (g)**  
**Dietary Fiber (g)**  
**Total Sugars (g)**  
**Protein (g)**

<b>SHAREABLES (SERVES 2 - 4 PEOPLE)</b>											
Barvarian Pretzel Sticks	900	520	58	19	0	70	4910	101	3	3	31
Bone-In Wings	1470	980	109	37	0	490	3150	5	2	3	107
Boneless Wings	660	230	25	11	0	230	4580	26	2	6	84
Boom Boom Shrimp	890	450	50	8	0	270	3290	73	5	6	35
Chicken Nachos	3310	2000	222	70	3.5	475	7250	240	29	12	153
Chopped and Chipped Nachos	3470	2170	241	85	3	410	6780	270	23	52	115
Dipping Trio	2810	1870	208	46	0	140	6420	261	49	13	57
Chicken Elote Dip	2260	1290	144	46	5	290	3450	170	18	11	70
Southwest Chicken Quesadilla	1470	920	102	45	3.5	285	2950	57	8	7	78
Watonga Cheddar Curds	1270	810	90	38	0	220	2630	55	0	3	42
Cheeseburger Quesadilla	1640	1200	133	53	2	250	3920	55	5	12	54
<b>BRICKTOWN BURGERS</b>											
Salt & Pepper Fries	330	120	13	1.5	0	0	1380	47	5	0	5
Sweet Potato Fries	450	170	19	3	0	0	1850	64	3	21	3
Brewery Garden Salad	190	80	9	4	0	20	330	20	4	6	10
Hatch Green Chile Burger	880	560	62	22	2	115	1880	62	4	11	31
Bacon Cheddar Burger	1020	660	73	26	2	135	2230	59	3	22	40
Bacon Guacamole Burger	1130	780	87	27	2	135	2510	60	11	13	40
Blue Ribbon Burger	1120	660	73	24	2	140	3890	78	3	27	44
Breakfast Burger	1130	700	78	26	3.5	135	3140	74	3	25	40
Bricktown Burger	870	580	65	21	2	115	2420	43	3	16	24
Bricktown Double Burger	1280	870	97	36	4.5	215	4250	52	3	21	48
Turkey Burger	730	440	48	11	0	125	4070	44	3	10	35
Gluten Free Bun	60	25	3	0	0	35	160	15	11	0	9
Rodeo Burger	1010	520	58	22	2	120	2630	91	2	53	35

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<b>HAND CRAFTED</b>											
Salt & Pepper Fries	330	120	13	1.5	0	0	1380	47	5	0	5
Sweet Potato Fries	450	170	19	3	0	0	1850	64	3	21	3
Brewery Garden Salad (No Dressing)	190	80	9	4	0	20	330	20	4	6	10
Hatch Green Chile Chicken Sandwich	780	370	41	12	0	155	2500	59	4	9	57
Bricktown Club	1570	920	102	42	0	200	3730	99	4	13	76
Bricktown Grilled Chicken Sandwich	1040	480	53	18	0	185	3690	73	5	20	72
Buttermilk Fried Chicken w/ Salt & Pepper Honey	1260	210	23	6	0	155	3570	214	322	152	534
Chicken Sandwich w/ Spicy Mayo & Slaw	1020	460	51	12	0	175	3120	82	3	16	58
Grilled Ham & Cheese w/ Tomato Soup	1570	1240	138	53	0	200	3360	78	4	10	60
Pulled Pork Sandwich	1060	530	59	18	0	110	1830	99	3	60	42
Roast Beef French Dip	1230	480	53	19	0	335	4150	49	0	1	124
Shrimp-Po Boy	800	410	45	8	0	196	2180	66	<1	4	30
Turkey Bacon Guacamole Melt	1320	740	83	17	48	150	3360	157	22	75	70
Chicken Salad Sandwich	1140	630	70	24	0	125	1770	86	10	26	50
<b>PIES-OH-MY</b>											
BBQ Chicken Pizza	220	90	10	3.5	0	30	480	26	1	9	13
Bricktown Combination Pizza	220	120	13	6	0	30	480	19	2	2	11
Cheese Pizza	140	60	6	2.5	0	15	230	18	1	2	7
Chicken, Bacon, Ranch Pizza	230	110	12	5	0	40	630	20	2	3	14
Rustic Pepperoni Pizza	200	110	12	5	0	30	480	18	1	2	10
The Carnivore Pizza	230	120	13	5	0	35	570	20	1	2	12
The Veggie Pizza	160	70	8	3	0	15	390	19	2	2	8
Yard Bird Pizza	220	90	10	3.5	0	30	500	23	1	6	13
Basil Pesto Flatbread	880	590	65	24	0	125	2240	41	2	10	38
Califlower Crust	480	90	11	6	0	30	810	81	3	6	12
Pizza Crust	620	35	3.5	0	0	0	620	122	10	10	27



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<b>BIG PLATES</b>											
Big Mike's Meatloaf Dinner	1780	840	93	35	2	330	5050	231	12	56	75
Brewery Chicken Fried Chicken	1040	440	49	16	0	250	3810	95	8	12	79
Brewery Chicken Fried Steak	1230	590	65	20	0	215	4010	115	9	13	65
Chicken Tenders	1400	500	55	9	0	230	5610	149	6	55	97
<b>SEAFOOD</b>											
Bluesberry Poached Salmon	1110	670	75	35	0	215	2870	64	9	12	44
Fish & Chips	1140	450	50	8	0	140	3320	106	6	11	55
Fried Shrimp	890	240	26	4.5	0	280	4830	120	27	24	41
Seafood Platter	1220	460	51	8	0	240	4630	128	20	23	56
Shrimp & Tenders	1100	310	34	5	0	240	4900	133	20	48	65
<b>DESSERTS</b>											
Bricktown Root Beer Float	520	210	23	14	0	70	150	78	0	78	7
Heath Bar Crunch® Brownie	1050	490	55	30	0	150	400	133	6	104	13
Sizzling Apple Crisp	1100	320	35	21	0	100	500	188	4	131	10
Tillamook® Vanilla Bean Ice Cream Scoop	190	100	11	7	0	35	50	19	0	19	4
<b>LUNCH SPECIALS</b>											
Big Mikes Meatloaf Lunch	1080	450	50	19	57	160	2980	235	6	106	40
Boneless Wings Lunch	370	110	13	6	0	115	2540	21	2	5	43
Chicken Fried Chicken Lunch	700	220	24	10	0	190	2970	72	4	7	58
Chicken Tenders Lunch	620	200	22	3	0	95	1520	58	5	1	47
Lunch Slider Basket	860	540	60	22	2	155	900	48	<1	18	32
Shrimp Platter Lunch	560	130	14	2	0	140	2380	84	19	12	22

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<b>LIMITED TIME ONLY ITEMS</b>											
Fried Chicken Mac & Cheese	1230	710	79	47	0	285	1800	79	4	5	51
Yardbird Green Chile Mac & Cheese	1350	760	85	48	0	345	2030	76	5	5	68
Yardbird Mac & Cheese	1340	760	85	48	0	345	1930	74	4	5	68
<b>KIDS MENU</b>											
Salt & Pepper Fries	330	120	13	1.5	0	0	1380	47	5	0	5
Apple Slices	110	0	0	0	0	0	0	24	7	21	0
Carrots & Celery Sticks	20	0	0	0	0	0	0	29	7	21	0
Sliders	600	380	42	17	1.5	110	2780	32	>1	12	24
Cheese Pizza	130	50	6	2.5	0	15	220	18	1	2	7
Corndog	300	190	21	5	0	35	620	18	0	7	6
Grilled Cheese	490	160	18	7	0	30	1000	60	13	10	19
Mac & Cheese	310	80	9	2.5	0	15	830	44	2	10	11
Pepperoni Pizza	210	110	12	5	0	30	460	18	1	2	9
Tenders	340	90	10	1.5	0	105	1420	21	0	2	44
<b>SIDES</b>											
Bread & Butter Pickle Slaw	260	200	22	4.5	0.5	15	580	16	3	10	2
Bricktown Chips	240	140	15	1	0	0	790	24	3	8	2
Broccoli	90	70	7	1.5	0	0	1270	6	3	2	3
Green Beans	80	35	4	1.5	0	0	820	10	3	3	3
Cavatappi Mac & Cheese	530	330	37	23	0	120	630	33	1	2	15
Green Chili Mac and Cheese	532	330	37	23	0	120	630	34	1	2	15
Mashed Potatoes	260	80	9	5	0	25	790	37	4	2	5
Mashed Potatos (Loaded)	560	270	30	15	0	75	1500	51	5	7	19
Okra	170	30	3.5	0.5	0	0	1880	32	4	4	4
Salt & Pepper Fries	330	120	13	1.5	0	0	1380	47	5	0	5

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<b>SIDES CONTINUED</b>											
Onion Rings	380	150	17	3	0	0	840	55	2	6	6
Sweet Potato Fries	450	170	19	3	0	0	1850	64	3	21	3
Sweet Potato Fries w/ Sea Salt Caramel & Bacon	570	190	22	4	0	5	2550	89	3	39	4
Fried Shrimp (2)	80	5	0.5	0	0	70	650	10	0	<1	9
Fried Shrimp (4)	170	10	1	0	0	140	1290	20	0	0	1
<b>SAUCES</b>											
Anchor Bar Sauce	30	30	3.5	2.5	0	10	670	0	0	0	0
Bacon Aioli	200	200	22	2.5	0	45	125	0	0	0	2
Blueberry Salsa	15	0	0	0	0	0	0	4	<1	3	0
Boom Boom Sauce	150	140	16	2.5	0	15	250	2	0	2	0
Buffalo Blue Cheese Sauce	100	90	11	2.5	0	10	310	1	0	0	1
Burger Sauce	150	140	16	3	0	5	200	2	<1	<1	0
Chili Glaze	70	0	0	0	0	0	270	17	0	15	<1
Chipotle Mayo	200	200	22	4	0	10	310	2	0	0	0
Cocktail Sauce	30	0	0	0	0	0	250	8	7	6	0
Dijon Mustard	110	100	11	2	0	<5	260	<1	0	0	0
Gravy	30	45	4.5	1	0	<5	105	2	0	1	1
Head Country BBQ Sauce	60	0	0	0	0	0	330	15	0	14	0
Mayo	200	200	22	4	0	10	130	2	0	0	0
Mustard BBQ	45	0	0	0	0	0	260	10	0	9	0
Queso	110	130	14	5	0	25	470	3	0	<1	4
Salt & Pepper Honey	130	0	0	0	0	0	300	34	85	34	127
Sissy Sauce	30	30	3.5	2.5	0	10	67	0	0	0	0
Spicy Caramel	100	5	0.5	0	0	<5	60	24	0	18	0

